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Quick Hits with Alan Abrams

Grant Gannon
Publisher

Alan Abrams is ready to shed his redshirt and start making noise in the new look backfield for Ole Miss. The redshirt freshman from Orlando, Fla. figures to be in the mix at running back and has already shown promise in just two practices. RebelGrove got a moment to talk with Abrams about what he hopes to accomplish in his first spring practice at Ole Miss.

RebelGrove: This is your first spring practice, what do you want to accomplish?

Alan Abrams: I just want to go out there and compete I am really looking forward to it.

With the running back situation as it stands right now, do you feel you can go and compete for a spot near the top of the depth chart?

I feel I can move up, I want to go out there and practice hard to get better.

How have you improved your game in the year you've been here with a season of practice and the Cotton Bowl practices.

The biggest improvement might have been my catching before college I really didn't have to focus on catching.

What about the blocking schemes and the aspects of being a running back aside from carrying the ball?

I think that is the toughest part, I am coming along pretty good I think and that is something I am going to work on this spring.

What has to happen for you to have a successful spring?

I just want to stay healthy and compete.

The Abrams file

Alan Abrams

Height: 6-0 **Weight:** 205

Position: Tailback

Class: Redshirt Freshman

Practice Observations:



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Abrams is a freshman no longer and has been impressive early in spring practice.

The biggest knock on Abrams last fall was his ability to hold on to the ball. For the first 10 days or practice Abrams had the trouble of fumbling the ball when he was hit at full speed. The problem most likely resulted from Abrams never being hit by someone more than 20 pounds heavier than him, a far cry from the 280 pound defensive lineman in the SEC.

Looking back at **Abrams' video** from high school shows that Abrams rarely got hit and showed the presence of an unused fifth gear.

By the time September rolled around Abrams started holding onto the ball extremely well and began learning the non-running parts of being a running back. Blocking assignments, pass catching and the like.

Abrams has packed on 10 pounds since enrolling at Ole Miss and has maintained(if not gained) speed. The added weight will increase his durability as an SEC running back for four years. He has been running offensive sets with the #1 units at time during practice and is sharing most of the time with listed running backs Vashon Pearson and Brandon Jacobs.

His gait is smooth and deceptively fast. It still looks like Abrams has a fifth gear he doesn't use, and is still faster than most of the other players on the field.

